

CHERYL A. DELLASEGA

TITLE:

Professor Emeritus
Penn State University College of Medicine
Consultant, Department of Nursing, Hershey Medical Center

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PROFESSIONAL NURSE LICENSURE & CERTIFICATIONS:

PA: RN-198598-L
PA: SP-000952-H (Certified Registered Nurse Practitioner)/Inactive
Certified Spiritual Director, Oasis Institute
Certified Motivational Interviewer

EDUCATION:

<u>Date</u>	<u>Degree</u>	<u>Institution</u>	<u>Major</u>
1974	R.N. Diploma	Lancaster General Hospital Lancaster, PA	Nursing
1981	B.S.	Millersville University Millersville, PA	Nursing
1982	M.S., G.N.P.	University of Delaware Newark, DE	Nursing
1988	Ph.D.	Temple University Philadelphia, PA	Health Education & Counseling
2015	MFA	Rosemont College	Creative Writing

Rosemont, PA

PROFESSIONAL POSITIONS HELD:

<u>Date</u>	<u>Institution</u>	<u>Position</u>
2016- 2024	Hershey Medical Center Department of Nursing	Consultant
2013- 2019	The Qualitative Research Initiative Penn State University College of Medicine	Director
2005- 2010	The Pennsylvania State University Department of Women's Studies	Professor
1999- 2024	The Pennsylvania State University College of Medicine, Department of Humanities	Professor
1995- 1999	The Pennsylvania State University School of Nursing and Department of Biobehavioral Health University Park, PA	Associate Professor
1995- 1996	The Pennsylvania State University School of Nursing and Department of Biobehavioral Health University Park, PA	Assistant Professor and Coordinator, FNP Program
1994	The Pennsylvania State University School of Nursing and Department of Biobehavioral Health University Park, PA	Assistant Professor
1994- 1996	Geisinger Medical Group State College, PA	Geriatric Nurse Practitioner
1992- 1993	Dr. Jon Evans State College, PA	Geriatric Nurse Practitioner
1989- 1992	Dr. Betsy Egger Reedsville, PA	Nurse Practitioner, Geriatrics
1988- 1995	The Pennsylvania State University School of Nursing University Park, PA	Assistant Professor
Summer, 1988	Southern Huntingdon County Family Health Center	Nurse Practitioner, Rural Primary Care

	Orbisonia, PA	
Summer, 1987	The Rehab Hospital for Special Services Bellefonte, PA	Nurse Practitioner, Rehabilitation
1986- 1988	The Pennsylvania State University School of Nursing University Park, PA	Instructor
Summer, 1985	Susquehanna Nursing Services Harrisburg, PA	Nurse Practitioner
1984- 1985	Messiah College Department of Nursing Grantham, PA	Instructor
1982- 1984	Millersville University Department of Nursing Millersville, PA	Instructor
Spring, 1982	Lancaster General Hospital School of Nursing Lancaster, PA	Clinical Instructor
1980- 1981	Lancaster General Hospital Lancaster, PA	Staff Nurse/Recovery Room
1978- 1980	St. Joseph's Hospital and Health Care Center Lancaster, PA	Charge Nurse/Infirmary
1977- 1978	Centre Community Home Health Agency Bellefonte, PA	Visiting Nurse, Team Coordinator
1977	Muhlenburg Hospital South Plainfield, NJ	Staff Nurse/CCU
1976	Lancaster General Hospital Lancaster, PA	Staff Nurse/CCU
1975- 1976	Medox Nursing Pool Philadelphia, PA	Staff Nurse
1974- 1975	Hospital of the University of Pennsylvania Philadelphia, PA	Staff Nurse, Cardiovascular

PUBLICATIONS:

Articles in refereed journals:

Kaye, M., Dellasega, C., & Andreae, A. (In press) Workplace Prejudice toward Nurses (WPTN): Scale Development and Validation. *Advances in Nursing Science*, 2669R2.

Andreae, D.A., Massand, S., & Dellasega, C. (February 2024). The physician experience of patient to provider prejudice (PPTP), *Frontiers in Public Health*, 25 Sec. Occupational Health and Safety, Volume 12.

Darok, Matthew C; Ho, Lisa; Holstrom-Mercader, Maria S; Lorenz, F Jeffrey; Freiberg, Andrew S; and Dellasega, Cheryl A (2024) "How Medical Students Make Meaning of Uncertainty through a Novel Pediatric Psycho-Oncology Rotation," *Health Professions Education*: Vol. 10: Iss. 1, Article 7., <https://hpe.researchcommons.org/journal/vol10/iss1/7>

Dellasega, C., Andreae, D.A., Kaye, M. & Olubukola Toyobo, O. (Dec. 2023). Patient prejudice toward minoritized nurses: Organization-wide interventions present the best option for addressing patient behavior and maintaining nurse retention. *American Nurse Journal*(Vol. 18, Issue 12).

Batchelder, E., Dellasega, C. & Peaslee Levine, M. (Autumn 2023). Eating Disorder blogs during Covid-19: A window into recovery progress *QMiP Bulletin* Issue 36, 29-43

Dellasega, C., George, D.R. & Lokon, E. (2023) The transformative power of participating in Opening Minds Through Art (OMA), an expressive arts program for medical students, *Gerontology & Geriatrics Education*, DOI: [10.1080/02701960.2023.2255537](https://doi.org/10.1080/02701960.2023.2255537)

Andreae, D. A., Sood, N. & Dellasega, C., 2022, Patient Prejudice towards Providers (PPTP): The Resident Physician Experience. In: *Journal of Medical Education and Training*. 6, e072.

Lorenz, F. J., Darok, M. C., Ho, L., Holstrom-Mercader, M. S., Freiberg, A. S. & Dellasega, C. A.(Dec 2022) The Impact of an Unconventional Elective in Narrative Medicine and Pediatric Psycho-oncology on Humanism in Medical Students., Dec 2022, In: *Journal of Cancer Education*. 37, 6, p. 1798-1805.

Dellasega, C., Aruma, J. F., Sood, N. & Andreae, D. A., (Jul 5 2022), The Impact of Patient Prejudice on Minoritized Female Physicians *Frontiers in Public Health*. 10, 902294.

George, D., Lokon, E., Li, Y. & Dellasega, C. (2021). An arts program to improve medical student attitudes toward persons with dementia. *Journal of the American Geriatrics Society*. Vol 69, No 8, E23-E26. First published: 18 June 2021. <https://doi.org/10.1111/jgs.17338>

Dellasega, C. & Kanaskie, M.L. (December 2021). Nursing Ethics in an Era of Pandemic. *Applied Nursing Research*, Vol 62, 151508, <https://doi.org/10.1016/j.apnr.2021.151508>.

Holbert, L. & Dellasega, C. (April/June, 2021). De-stressing From Distress: Preliminary Evaluation of a Nurse-Led Brief Debriefing Program, has been published in *Critical Care Nursing Quarterly* in Vol. 44, No. 2, April/June 2021.

Lorenz, F., Darok, M., Ho, L., Holstrom-Mercader, M., Freiberg, A., & Dellasega, C. (2021, March). A novel elective in pediatric psycho-oncology and narrative medicine to combat empathy drift in medical students. In *PSYCHO-ONCOLOGY* (Vol. 30, pp. 13-13).

Lucas, C. & Dellasega, C. (April 2020). Finding common threads: How patients, physicians, and nurses perceive the patient gown. *Patient Experience Journal*, Vol 7, No 1, 51-64.

Hameed, U, Dellasega, CA, Scandinaro, AL (2020), Assessment of Irritability in School Age Children by Pediatric, Family Practice, and Psychiatric Providers. *Clinical Child Psychology and Psychiatry*. Volume: 25 issue: 2, page(s): 333-345

Dellasega, C. (March, 2019). Celebrating Our Professional Relationships. *Reflections on Nursing Leadership*. <https://www.reflectionsonnursingleadership.org/> (online in advance of print)

Scandinaro, AL, Hameed, U, Dellasega, CA. (2018). A Qualitative Study to Assess How Primary Care Versus Psychiatric Providers Assess and Treat Pediatric Patients With Irritability. *Primary Care Companion CNS Disorders*, 20(2):17m02227

Valenziano, K., Glod, S., Jia, S., Belser, A., Brazell, B., Dellasega, C., Duncan, L., Farnan, M., Haidet, P., Phillips, DNP, Wolpaw, D., & Dillon, P. (2018). An Interprofessional Curriculum to Advance Relational Coordination and Professionalism in Early-Career Practitioners. *MedEd Portal: The Journal of Teaching and Learning*, 14: 10697 <https://www.mededportal.org/publication/10697/esr/>

Hameed, U. & Dellasega, C. (March, 24, 2016). Irritability in Pediatric Patients: Normal or Not? *Primary Care Companion CNS Disorders*, 18(2): 10.4088/PCC.15br01893.

George DR, Manglani M, Minnehan K, Chacon A, Gunderson A, Dellasega C, Kraschnewski J. (2016). Examining feasibility of mentoring families at a farmers' market and community garden. *American Journal of Health Education* 47(2): 94-98.

Levi, B., Dellasega, C., & Boehmer, S. (2012). What is reasonable suspicion of child abuse? *Journal of Public Child Welfare*, 6(5), 569-589.

George, DR & Dellasega, C. (2011). Social media in medical education: Two innovative pilot studies, *Medical Education*, 45(11):1158-9. doi: 10.1111/j.1365-2923.2011.04124.x.

George DR, Dellasega C. (2011) Use of social media in graduate-level medical humanities education: two pilot studies from Penn State College of Medicine. *Medical Teacher*, 2011;33(8):e429-34. doi: 10.3109/0142159X.2011.586749.

Levi BH, Dellasega C, Whitehead M, Green MJ. (2010). What influences individuals to engage in advance care planning? *American Journal of Hospital and Palliative Care*;27(5):306-312. Epub 2010 Jan 26.

Dellasega, C., Gabbay, R., Durdock, K., and Martinez-King, N. (2010). Motivational interviewing to change type 2 diabetes self-change behaviors. *Journal of Diabetes Nursing*, (14)3, 112-119.

Dellasega, C., Gabbay, R., Durdock, K., and Martinez-King, N. (2009). An exploratory study of the orientation needs of experienced nurses. *The Journal of Continuing Education in Nursing*, 40(7), 311-316.

Dellasega, C. (2009). Bullying among nurses. *American Journal of Nursing*, 109(1), 52-58.

Stuckey HL, Dellasega C, Graber NJ, Mauger DT, Lendel I, Gabbay RA. (2009). Diabetes nurse case management and motivational interviewing for change (DYNAMIC): study design and baseline characteristics in the Chronic Care Model for type 2 diabetes. *Contemporary Clinical Trials*;30(4):366-374. PMID: PMC2740652.

Dellasega C, Gabbay R, Durdock K, Martinez-King N. (2009). An exploratory study of the orientation needs of experienced nurses. *Journal of Continuing Education in Nursing*;40(7):311-316.

Humbert, J., Gallagher, K., Gabbay, R., & Dellasega, C. (2008). Intensive insulin therapy in the critically ill geriatric patient. *Critical Care Nursing Quarterly*, 31(1), 14-18.

Dellasega, C., Milone-Nuzzo, P., Curci, K., Ballard, J., & Kirch, D. (2007). The humanities interface of nursing and medicine. *Journal of Professional Nursing*, 23(3), 174-179.

Dellasega, C. & Haagen, B. (2004). A different kind of caregiving support group. *Journal of Psychosocial Nursing*, 42(8), 46-55.

Dellasega, C. (2004). Healing in spaces. *Journal of the American Medical Association*, 292(7), 780

Dellasega, C. (2003). Conflict of interest. *Journal of the American Medical Association*, 290(19), 29

Dansky, K. H., Yant, B., Jenkins, D. & Dellasega, C. (2003). Qualitative analysis of telehomecare nursing activities. *Journal of Nursing Administration*, 33(7/8), 372-375.

Zerbe, T. M., & Dellasega, C. (2002). Caregivers of frail rural older adults: Effects of an advanced practice nursing intervention. *Journal of Gerontological Nursing*, 28(10), 40-51.

Dellasega, C. A. (2002). Commentary on life after hospital discharge. *Clinical Nursing Research*, 11(3), 264-266.

Dellasega, C. A. (2001). Using structured writing experiences to promote mental health. *Journal of Psychosocial Nursing*, 39(2), 14-23.

Dellasega, C. A., & Fisher, K. M. (2001). Posthospital home care for frail older adults in rural locations. *Journal of Community Health Nursing*, 18(4), 247-260.

Dellasega, C. A., Salerno, F. A., Lacko, L. A., & Wasser, T. (2001). The impact of a geriatric assessment team on patient problems and outcomes. *MEDSURG Nursing*, (1):202-209. [Winner of the 2001 Writer's Award] .

Dellasega, C. A., Lacko, L., Singer, H., & Salerno, F. (2001). Use of the orientation-memory-concentration Test to screen cognition in older adults by telephone. *Geriatric Nursing*, 22(5), 253-257.

Penrod, J., & Dellasega, C. (2001). Caregivers' perspectives of placement: Implications for practice. *Journal of Gerontological Nursing*, 27(11), 28-36.

Dellasega, C. A. (2001). Using structured writing experiences to promote mental health. *Journal of Psychosocial Nursing*, 39(2), 14-23.

Morse, J. M., Penrod, J., Kassab, C., & Dellasega, C. (2000). Evaluating the efficiency and effectiveness of approaches to nasogastric tube insertion during trauma care. *American Journal of Critical Care*, 9(3), 325-333.

Dellasega, C. A., & Zerbe, T. M. (2000). A multimethod study of APN post discharge care. *Clinical Excellence for Nurse Practitioners*, 4(5), 286-293.

Dellasega, C., Klinefelter, J. M., & Halas, C. J. (2000). Psychoactive medications and the elderly patient: Ensuring safe long-term use. *Clinician Reviews*, 10(6), 53-74.

Lacko, L. A., Dellasega, C., Salerno, F. A., Singer, H., DeLucca, J., & Rothenberger, C. (2000). The role of the advanced practice nurse in facilitating a clinical research study: Screening for delirium. *Clinical Nurse Specialist*, 14(3), 110-115.

Dellasega, C., Orwig, D., Ahern, F., & Lenz, E. (1999). The post-discharge medication use of elderly cardiac patients from urban and rural locations. *Journal of Gerontology*, 54A(10), M514-M520.

Dellasega, C., Hupcey, J., & Fisher, K. (1999). Culturalizing health care for a culturally diverse population: The Amish. *Clinical Excellence for Nurse Practitioners*, 3(1), 10-15.

Dellasega, C., Orwig, D. L., & Heller, D. A. (1999). OBRA guidelines: How do community prescribers compare? *Pharmacoepidemiology*, 8(Suppl. 2), S131.

Lacko, L., Bryan, Y., Dellasega, C., & Salerno, F. (1999). Changing clinical practice through research: The case of delirium. *Clinical Nursing Research*, 8(3), 235-250.

Nolan, M., & Dellasega, C. (1999). 'It's not the same as him being at home': Creating caring partnerships following nursing home placement. *Journal of Clinical Nursing*, 8(6), 723-730.

Penrod, J., & Dellasega, C. (1998). Caregivers' experiences in making placement decisions. *Western Journal of Nursing Research*, 20(6), 706-732.

Clark, D., & Dellasega, C. (1998). Unmet health care needs: A comparison of rural and urban senior center attendees. *Journal of Gerontological Nursing, 24*(12), 24-33.

Dellasega, C. (1998). Assessment of cognition in the elderly: Pieces of a complex puzzle. *Nursing Clinics of North America, 33*(3), 395-405.

Dellasega, C., & Kaiser, C. (1997). Pharmacologic approaches to chronic pain in the older adult. *Nurse Practitioner, 22*(5), 22-37.

Dellasega, C., & Nolan, M. (1997). Admission to care: Facilitating role transition among family carers. *Journal of Clinical Nursing, 6*, 443-451.

Dellasega, C., Frank, L., & Smyer, M. (1996). Medical decision-making capacity in elderly hospitalized patients. *Journal of Ethics, Law and Aging, 2*(2), 65-74.

Dellasega, C., Frank, L., & Smyer, M. (1996). Medical decision-making capacity in elderly hospital patients. *Journal of the American Geriatrics Society, 44*(3), 336-337.

Dellasega, C., & King, L. (1996). The psychogeriatric nurse in home health care: Use of research to develop the role. *Clinical Nurse Specialist, 10*(2), 64-68.

Dellasega, C., & Stricklin, M. (1996). Use of CNS medications by elderly home health clients. *Applied Nursing Research, 9*(3), 130-135.

Berg, S., & Dellasega, C. (1996). The use of psychotropic medications and cognitive function in older adults. *Aging and Behavior, 8*(1), 136-149.

Dansky, K., Dellasega, C., Shellenbarger, T., & Russo, P. (1996). After hospitalization: Home health care for elderly persons. *Clinical Nursing Research, 5*(2), 185-198.

Mastrian, K., & Dellasega, C. (1996). Helping families with long-term care decisions. *Caring, 15*(2), 68-72.

Dellasega, C., Brown, R., & White, A. (1995). Cholesterol-related health behaviors in rural elderly persons. *Journal of Gerontological Nursing, 21*(5), 6-12.

Dellasega, C., & Clark, D. (1995). SCOPE: A practical method for evaluating the self-care status of older adults. *Rehabilitation Nursing Journal, 4*(4), 128-135.

Dellasega, C., & Mastrian, K. (1995). The process and consequences of institutionalizing an elder. *Western Journal of Nursing Research, 17*(2), 123-140.

Dellasega, C., Clark, D., Helmuth, A., McCreary, D., & Schan, P. (1994). Teaching elderly patients: A nursing process approach. *Journal of Gerontological Nursing, 20*(1), 1-8.

Dellasega, C., & Cutezo, B. (1994). Strategies used by home health nurses to assess the mental status of homebound elders. *Journal of Community Health, 11*(3), 129-138.

Dellasega, C., Dansky, K., King, L., & Stricklin, M. (1994). Use of home health services

by elderly persons with cognitive impairment. *Journal of Nursing Administration*, 24(6), 20-26.

Dellasega, C., & Cutezo, E. (1993). Home health nurses' strategies for assessing mental status. *Nursing Research Congress Abstracts*, Sigma Theta Tau International, Madrid, Spain.

Dellasega, C., & Morris, D. (1993). Use of the mini-mental state exam to assess cognition in nursing practice and research. *Journal of Neurological Nursing*, 4, 147-152.

Dellasega, C., & Stricklin, M. (1993). Cognitive impairment in elderly home health clients. *Home Health Care Services Quarterly*, 14(1), 81-92.

Jaskowski, S., & Dellasega, C. (1993). Effects of divorce on the grandparent-grandchild relationship. *Issues in Comprehensive Pediatric Nursing*, 16, 125-133.

Morse, J., Dellasega, C., & Doberneck, B. (1993). Evaluating abstracts: Preparing a research conference. *Nursing Research*, 42(5), 307-310.

Dellasega, C. (1992). An observational analysis of professional nurses' assessments of mental status in elderly home health clients. *Applied Nursing Research*, 5(3), 127-133.

Dellasega, C. (1992). Home alone. *Journal of Gerontological Nursing*, 18(2), 4.

Dellasega, C., & Shellenbarger, T. (1992). Discharge planning for cognitively impaired elderly adults. *Nursing and Health Care*, 13(10), 526-531.

Cutezo, B., & Dellasega, C. (1992). Substance abuse in the homebound elderly: A casefinding approach. *Home Healthcare Nurse*, 10, 19-23.

Dellasega, C. (1991). Caregiving stress among community caregivers for the elderly: Does institutionalization make a difference? *Journal of Community Health Nursing*, 8, 197-205.

Dellasega, C. (1991). Meeting the mental health needs of elderly clients. *Journal of Psychosocial Nursing*, 29(2), 10-14.

Dellasega, C., & Burgunder, C. (1991). Perioperative nursing care for the elderly surgical patient. *Today's OR Nurse*, 13(6), 12-17.

Dellasega, C., & Curriero, F. (1991). The effects of institutional and community experiences on nursing students' intentions toward work with the elderly. *Journal of Nursing Education*, 30, 405-410.

Dellasega, C., & Hupcey, J. (1991). Intents and perceptions of graduating BSN students toward the nurse practitioner role. *Journal of the American Academy of Nurse Practitioners*, 3(1), 30-34.

Dellasega, C. (1990). Coping with caregiving: Stress management for caregivers of the elderly. *Journal of Psychosocial Nursing*, 28(1), 15-21.

Dellasega, C. (1990). The relationship between caregiving and employment: A study of

stress in employed and unemployed caregivers of elderly persons. *AAOHN Journal*, 38, 154-159.

Hupcey, J., & Dellasega, C. (1990). Nurse practitioner: A viable future role of undergraduate baccalaureate nursing students? In J. Wang (Ed.), Research Symposium. Charleston, WV: West Virginia Nurses' Association. P. Simoni & C. Nath (Eds.), *Proceedings of the West Virginia Nurses' Association 1990*.

Preston, D., & Dellasega, C. (1990). Elderly women and stress: Does marriage make a difference? *Journal of Gerontological Nursing*, 16(4), 26-32.

Dellasega, C. (1989). Health in the sandwich generation. *Geriatric Nursing*, 10(5), 242-243.

Dellasega, C. (1989). Promoting self care in the elderly diabetic client. *Journal of Gerontological Nursing*, 16, 16-19.

Dellasega, C. (1987). The 5% fallacy. *Journal of Gerontological Nursing*, 13(2), 7.

Dellasega, C. (1986). Inaccurate technique? *American Journal of Nursing*, 86(12), 1337.

Creative Refereed Publications

Dellasega, C. (2008) Every Patient Tells a Story, in *Reflections on Doctors: Nurses' Stories About Physicians and Surgeons*, 2008, 27-32. NY: Kaplan.

Dellasega, C. (2004) We Are All Hurting Here, *Blood & Thunder*, University of OK.

Dellasega, C. (2017) The Grief Train and A Moment of Grace in *Reflections on Nursing: 80 Inspiring Stories on the Art and Science of Nursing*. Philadelphia: Wolters Kluwer Publishers.

Books:

Nonfiction, Clinical

Dellasega, C. (2021). *Toxic Nursing, 2nd edition*. Indianapolis, IN: Sigma Theta Tau International Publishing.

Dellasega, C. (2019). *A Guide for What to do When Nurses Hurt Nurses, 2nd edition*. Indianapolis: STTI Publishing.

Dellasega, C., & Volpe, B. (2013) *Toxic Nursing*. Indianapolis, IN: Sigma Theta Tau International. ***ANA Best Book of 2013***

Dellasega, C. (2011). *When nurses hurt nurses*. Indianapolis, IN: Sigma Theta Tau International.

Nonfiction, Commercial/Self-Help

Dellasega, C. (2007). *Forced to be family: A guide for living with sinister sisters, drama mamas, and infuriating in-laws*. Hoboken, NJ: John Wiley & Sons

Dellasega, C. (2005). *Mean girls grown up: Adult women who are still queen bees, middle bees and afraid-to-bees*. Hoboken, NJ: John Wiley & Sons

Dellasega, C. (2005). *The starving family*. WI: Champion Press. (Proceeds donated to the PSU EDU.)

Dellasega, C., & Nixon, C. (2003). *Girl wars: 12 strategies that will end female bullying*. New York: Fireside.

Dellasega, C. (2001). *Surviving Ophelia: Mothers share their wisdom about surviving the tumultuous teenage years*. New York: Ballantine.

Fiction

Dellasega, C. (2007) *Bloggrls Book One: Sadie: nugrl90* (Marshall-Cavendish Books.)

Dellasega, C. (2009) *Bloggrls Book Two: Meg: sistrsic92*. (Marshall-Cavendish Books.)

Poetry

Dellasega, C. (2004) *Pea Pod, Wild Onions*. (See Awards)

Dellasega, C. (2007). *Dressing Room Without Curtains*, Rattle: Poetry for the 21st Century

Plays/Scripts

Dellasega, C. (2004) *Play It Safe*. Short drama presented by Milton Hershey Club Ophelia at Rutgers University, Newark, NJ.

Dellasega, C. (2006). *Flip the Script and Stop the Drama*. DVD written, produced, and distributed along with discussion guide. Funding from the Children's Miracle Network.

Dellasega, C. (2008, 2009) *Danish Dreams*. Co-directed with Ms. Ann Einhorn, performed by the Ophelia Players, Middle School Theater, Middletown, PA.

Dellasega, C. (2010) *The Ophelia Monologues*. Dramatic reading presented at First Fridays, Penn State College of Medicine.

MEDIA APPEARANCES AND INTERVIEWS:

Dellasega, C. & Kanaskie, M. (2022) Nursing ethics in an era of pandemic. Interview for Medical Ethics Advisor.

Dellasega, C. (June 7, 2021). When the 'mean girl' is a woman: How to deal with an adult bully By Cathy Alter. The Washington Post.

Dellasega, C. (October 24, 2011) Relational aggression. The Gayle King Show, Gayle King live interview.

Dellasega, C. (2010, August 24) Forced to be family. Good morning America [Video Interview]. *Penn State Hershey*. Available from: <http://www.youtube.com/user/PennStateHershey#p/search/0/ky47TPFgVa4>

Dellasega, C. (2010, August 24) Holiday family stress. CBS morning show. [Video Interview]. *Penn State Hershey*. Available from: <http://www.youtube.com/user/PennStateHershey#p/search/1/48-0e3pwZPE>

Dellasega, C. (2010, May 6) Interview by Mimi Jung. Cyberbullying growing among adult women [Video]. *KING 5 NEWS*. Available from: <http://www.king5.com/news/consumer/Adult-women-also-engaging-in-cyberbullying--92988949.html>

Dellasega, C. (2007, December 7) Forced to be family [Radio Interview]. *ABCNews.com* Available from: <http://abcnews.go.com/GMA/AmericanFamily/story?id=3654123&page=1>

Dellasega, C. (2005) In conversation: Friends or foe? Redefining female bonds [Podcast Series]. *Research Penn State*. Available from: <http://www.rps.psu.edu/bullies/meangirls.html>

Dellasega, C. (2005). Mean girls grown up. Good Morning America, Diane Sawyer live interview.

Dellasega, C. (2003). Girl wars. The Today Show, Kelly O'Donnell live interview.

Also: Numerous radio appearances as an expert on female relations. Broadcasters include: USA Radio Network; Voice of America; Sirius Satellite *Wisdom Today*, *WGVU*, Grand Rapids; *KTKK*, Salt Lake; *WPIS*, Boston; *WLW*, Cincinnati; *WVSN*, Chicago; *KTRS*, St. Louis. [Not current.] Citations in *The New York Times*, *The Wall Street Journal*, *Christian Science Monitor*, *Boston Globe*, *Philadelphia Inquirer*, *Glamour Magazine*, *Cosmopolitan*, *Health*, *SELF*, *Teen Vogue*, and others.

2018-202

HONORS AND AWARDS:

2015 Soroptomist Award, Harrisburg Soroptomist Chapter

2013 Women of Excellence Award, Harrisburg YWCA

2007 The Reilly Award, Harrisburg YWCA

2007 Women Who Care, Open Stage, Harrisburg, PA

2004 Penn State University Faculty Outreach Award

2004 Mae Carvell Award, Venture Club, Harrisburg PA

1997 Visiting Scholar, John Hartford Institute for Geriatric Nursing, New York University

1992 Outstanding Alumni Award - Millersville University

- 1992, 1997 Visiting Professor - Halsohogskolan, Jonkoping, Sweden
- 1987 Faculty Fellowship - Institute of Aging, Temple University, Philadelphia, PA
- 1981 Sigma Theta Tau, National Honor Society in Nursing

Writing Awards

- 1998 *Glenda Applegate Award* for Nonfiction: *Dying Sideway*.
- 1998 *Winning Beginnings from Valley Forge Romance Writers* (with Audrey Braver): *The Noble Vow*.
- 2002 Second Place in *Central PA Annual Writers Contest* (Short Story) *Gone Beyond the Deep* (cash award).
- 2002 First Prize in *Doctors Kienle Competition in Literature* (Poem): *Pea Pod* (cash award).
- 2005 *June Roth Memorial Awards: Health & Medical Book*, *The Starving Family: Caregiving Mothers & Fathers Share Their Eating Disorder Wisdom*, (WI: Champion Press).
- 2005 *The Family Choice Book and Best Books 2005 Award*: Both for *The Starving Family: Caregiving Mothers & Fathers Share Their Eating Disorder Wisdom*, (WI: Champion Press).
- 2010 *The Society of School Libraries International 2010 Book Award*, *sistrsic92* (Meg). *Bloggrls Book Series*.
- 2012 *Henry Walton Prize* for the most downloaded Medical Education Really Good Stuff paper in 2011, Association for the Study of Medical Education, Brighton, UK.
- 2013 The AJN 2013 Book of the Year Award, *Toxic Nursing* (with Rebecca Volpe).

UNIVERSITY SERVICE: (Last five years)

College of Medicine Committees:

- 2021-2023 College Promotion & Tenure Committee
- 2019-2023 Dean's Graduation Awards selection committee
- 2006-present: Medical Student Research Advisor (MSR)

CIVIC AND COMMUNITY SERVICE:

2020- Present	Member, Compassion Action Network
2020- Present	Member, Medical Reserve Corp.
2019-2022	Volunteer, Meals on Wheels
2019- present	Volunteer, Women's and Nonbinary Individuals Temporary Overnight Shelter
2018- 2019	Volunteer, YWCA Winter Overnight Shelter
2014- 2020	Volunteer, Dauphin County Prison, Female Unit
2001-present	Founder, Club & Camp Ophelia, Programs for Adolescent Girls
1997-2010	Volunteer, Life Skills Programs, Woodside Family Center, Dauphin County Prison
1990	Tressler Lutheran Social Services, Board of Directors for the State of Pennsylvania
1990	Pennsylvania Long Term Care Council, Labor Workgroup
1989	Legal Advocacy Fund Representative, AAUW, Lewistown, PA
1988	Pennsylvania Long Term Care Council, System Organization Subcommittee (appointed by Governor Casey)